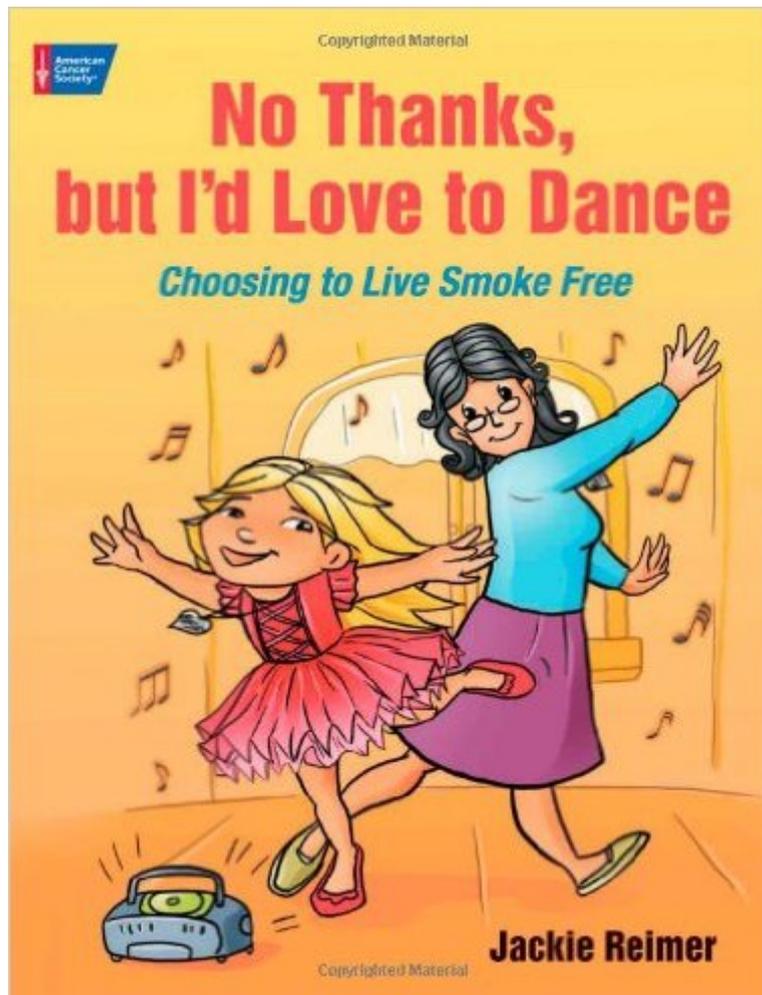


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# No Thanks, But I'd Love To Dance: Choosing To Live Smoke Free



## Synopsis

Conveying a positive, nonjudgmental message to children, this tale provides techniques for empowering them to refuse offers of tobacco in pursuit of a healthy, active lifestyle. Belle, an exuberant six-year-old, and her beloved Grandma Bee share a great love for dancing. As a result of tobacco use earlier in her life, Grandma Bee must now use an oxygen tank to assist in her breathing. Observant Belle, who cannot imagine life without dancing, consciously makes the lifelong choice to dance instead of smoke.

## Book Information

Hardcover: 32 pages

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Product Dimensions: 8 x 0.4 x 10 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars See all reviews (20 customer reviews)

Best Sellers Rank: #965,818 in Books (See Top 100 in Books) #139 in Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Drugs #161 in Books > Health, Fitness & Dieting > Addiction & Recovery > Smoking #631 in Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Illness

Age Range: 7 - 9 years

Grade Level: 2 - 4

## Customer Reviews

I'm a homeschooling mom and recently had the opportunity to look over this book. I like it so much that I'm going to include it in Little Otter's Science - my human anatomy science program for preschoolers through about 2nd grade. I think this is a great story for little ones to learn about not smoking as well as making good choices. The book has a simple but engaging story line with bright, colorful cartoon-like illustrations. It shows a grandmother living with the consequences of choosing to smoke earlier in her life, but nothing is presented in a scary kind of way. The story is sweet and also empowering. I also like the fact that the book contains some basic science concepts. Your child can learn about what lungs are for and the fact that we breathe oxygen. In the very back of the book is a section titled "challenge words". There are words like energy, brain, damage, gas, etc. with brief

and simple to understand explanations. The info is very basic but appropriate for the intended audience. It's really hard to find appropriate books for younger children that cover concepts like this. I think that *No Thanks, But I'd Love to Dance* is a great opportunity to cover this very important message with your little ones. Also - in the back of the book the author links her website. You can download free coloring pages to help make the ideas in the story stick. :-)\*\*I received a free copy of this book for the purpose of reviewing it but that in no way affected my review. My reviews are always based on my honest opinion. :-)

Highly recommended for grades K-5. I also recommend: Grades K-2 *What are Drugs?*, Gretchen Super *Charlie and the Curious Club: Candy or Medicine?*, Erainna Winnett *K-5 "N" is for NO SMOKING*, Eileen Cosby *1-6 Smoking Stinks*, Kim Gosselin *4-5 I've Got This Friend Who: Advice for Teens and Their Friends on Alcohol, Drugs, Eating Disorders, Risky Behavior and More*, Anna Radev *6-8 I've Got This Friend Who: Advice for Teens and Their Friends on Alcohol, Drugs, Eating Disorders, Risky Behavior and More*, Anna Radev *5-12 Kids Say Don't Smoke*, Andrew Tobias

This book gives children a "child's view" of what can happen if you smoke. It approaches from a different perspective than TV ads or newspaper articles. I really like this book. I think every family that has children should read this, every day, to their kids. And, hopefully, we can rid our society of at least one of the major illnesses killing people. Good job, Ms. Reimer. Can't wait for your next book!

I read this book to second graders during Red Ribbon Week. I thought it was great and the students enjoyed the story. I had the students do an extension activity where they completed the statement, "No thanks, but I'd love to..." Then they drew a picture to go with it.

Smoking is a stinky, bad habit. I grew up in a home where both parents smoked; I disliked it then, but had to live with it. Eventually, my mom stopped smoking (yay!) but my dad died from complications that undoubtedly were linked to his smoking. So, I am a huge advocate for using literature and other tools to teach my children to live smoke-free. *No Thanks, But I'd Love to Dance!* Is a 25-page book that teaches the consequences of smoking in a unique way. Belle is a 6-year-old girl who is best friends with her Grandma Bee. Unfortunately, Grandma doesn't have the "pep" she should and needs to use an oxygen tank. Why? Because she damaged her lungs by smoking when

she was younger. She goes on to tell Belle how it only took one cigarette to get her hooked, but many years of trying to quit. Here's what Belle tells her grandma: "Grandma, if you would have never started smoking you wouldn't have ever had to try and stop, and then you would be able to dance with me now without getting tired so fast...(when offered a cigarette) you should have said, no thanks, but I'd love to dance!" This simple story is a great tool to address anti-smoking with your younger children. It's an important message delivered in a way your kids are sure to get.

As an educator and parent, I find this incredible book to be meaningful for all ages! It is a valuable addition to the classroom, library, and home. Belle and her beloved Grandma Bee have a special relationship and share many wonderful times together. However, Grandma's health is affected by the consequences of her past choice to smoke. Belle learns a valuable lesson and shows her courage by facing peer pressure and saying no to smoking. Belle answers, "No thanks, but I'd love to dance!" She inspires others to be strong and make positive choices in life. This powerful message to make positive choices is inspirational to us all! You will LOVE to read this engaging, well-written, and creatively illustrated book. The story will encourage important discussions among students and families about smoking, peer pressure, consequences, and life choices. Ms. Reimer, you are a talented writer! Thank you for sharing your heartfelt story everyone will LOVE to read!

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